

# **HAVE YOU HAD A HEART PROBLEM?**



**Heart Attack, Stent, or a Bypass?  
Pacemaker, Arrhythmia or Heart Failure?**

## ***PHSG IS HERE TO HELP!***

We are a self-help group of patients with charitable aims who have experienced all of these conditions. We have connections to top Consultants and NHS staff who keep us informed of latest developments which we pass on in our magazine. We hold talks using "Zoom" or at live venues on health and other subjects.

Exercise is the best way of maintaining your health after a heart problem and we run a comprehensive programme where you can exercise safely under the control of our team of qualified instructors. Come and make new friends who have been through similar experiences to yourself.

***COME AND JOIN US!***

**[www.poolehsg.org.uk](http://www.poolehsg.org.uk)**

**[enquiries@poolehsg.org.uk](mailto:enquiries@poolehsg.org.uk)**

*PHSG is affiliated to British Heart Foundation and the Arrhythmia Alliance. We are funded only by membership fees and donations.*

# PHSG MEMBERSHIP FORM

TITLE (Mr/Mrs . . . ) \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

POSTCODE \_\_\_\_\_

TEL \_\_\_\_\_

EMAIL \_\_\_\_\_

SIGNED \_\_\_\_\_

DATED \_\_\_\_\_

*Data protection. By joining Poole Heart Support Group and signing here, you give us permission to contact you by email, post or telephone about PHSG activities. Your information is confidential.*

Your membership includes a friend or a partner who is also welcome to take part in any activity.

Partner Name \_\_\_\_\_

*We need this information for our membership list*

Address \_\_\_\_\_

*if different from above*

Signed \_\_\_\_\_

Please send this form and membership fee £8

**Poole Heart Support Group Office  
88 Puddletown Crescent,  
Poole, BH17 8AN**

Mondays and Thursdays from 2:00 to 4:00pm

**01202 250108**

**Payment** by Direct Banking to:

Account Name: Poole Heart Support Group.

Sort Code 30-96-73, Account 03004258. Please

use your INITIAL & SURNAME as reference for the transfer and tick the appropriate box below.

**Or by** Cheque to Poole Heart Support Group and enclosed herewith.

Cheque Enclosed	Bank Transfer & Amount	© 2021
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Office only MN1	Office Only MN2	Office Only
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